



High Wycombe Rugby Union Football Club

HEALTH & SAFETY POLICY STATEMENT

High Wycombe RUFC is strongly committed to encouraging our members to train hard and compete, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability and expect our Youth athletes not to exceed these levels.

HEALTH & SAFETY POLICY

To support our Health & Safety Policy statement we are committed to the following duties:

- Undertake regular risk assessment of the Club premises and all activities undertaken by the Club.
- Create a safe environment by putting health & safety measures in place as identified by the assessment.
- Ensure that all Club members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the Club's health & safety policy.
- Appoint a competent member to assist with health & safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times.
- Report any injuries or accidents sustained during any Club activity or whilst on Club premises.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health & safety and that of others who may be affected by what you do or not do.
- Co-operate with the Club on health & safety issues.
- Correctly use all equipment provided by the Club.
- Not interfere with or misuse anything provided for your health, safety or welfare.

CLUB HEALTH & SAFETY OFFICER: Don Dickerson (01494 532024 Home)

CLUB WELFARE/CHILD PROTECTION OFFICER: Glenn Gavin (01494 564529 Home)

FIRST AID

Location of facilities:

Seniors: With a Club Physio. The Physio room when in use. The Club kitchen when in use.

Youth: With Team Managers/age group head coach

Location of telephones: Freephone in the old Club office, the Club shop & the Club bar.